communitytrek.com/nepal/upper-mustang-jeep-tour
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NEPAL · MUSTANG

Upper Mustang Jeep Tour

Discover the magic of Upper Mustang on an unforgettable Jeep Tour through Nepal's hidden Himalayan kingdom.

TRIP PRICE
$1,900

COST / PRICE	REGION	DURATION	MAXIMUM ALTITUDE
$1,900	Mustang	9 days	3,960 m

BEST SEASON	DIFFICULTY	ACCOMMODATION	TRIP TYPE
Summer	Moderate	Teahouse / Lodge	cultural-tours · customized-travel

HIGHLIGHTS

What makes this trip special

01 **Rich Cultural Experience: Immerse yourself in Tibetan culture by visiting ancient caves, historic monasteries, and significant archaeological sites in the Upper Mustang.**

02 **Time-Efficient Adventure: Perfect for travellers with limited time, offering a comprehensive yet concise exploration of one of Nepal's most restricted and captivating regions.**

03 **Scenic and Unique Drive: Experience an exceptional journey through the stunning landscapes of the Himalayas to the once-inaccessible walled city of Lo Manthang.**

04 **Historical Exploration: Discover the fascinating history of Upper Mustang, including its role as a refuge for Khampa guerrillas during China's control over Tibet.**

OVERVIEW

Journey overview

What is the Upper Mustang Jeep Tour?
The Upper Mustang Jeep Tour is an adventure through one of Nepal's most remote and culturally rich regions. It offers a unique opportunity to explore the ancient walled city of Lo Manthang, immerse in Tibetan culture, visit historic monasteries, and discover archaeological sites.
When is the best time to visit Upper Mustang?
The best times for the Upper Mustang Jeep Tour are spring (March-April-May) and autumn (September-October-November) . However, due to its location in the Himalayan rainshadow, Upper Mustang is accessible almost year-round, except during mid-winter (January-February) when heavy snowfall occurs.
What vehicles are used for the Upper Mustang Jeep Tour?
The tour uses well-equipped off-road vehicles like Scorpio jeeps and luxurious Land Cruisers , both featuring 4WD systems to navigate the rugged terrain safely.
What permits are required for the Upper Mustang Jeep Tour?
Two essential permits are required:
Annapurna Conservation Area Project (ACAP) permit
Special Permit for the Upper Mustang Controlled Region (costing 500 USD per person, with a minimum of two people required).
Why is the Upper Mustang Jeep Tour considered expensive?
While the tour may seem costly, the unique cultural experiences, breathtaking landscapes, and the adventure of exploring one of Nepal's most restricted areas make it a worthwhile investment.
Can Upper Mustang be visited during the monsoon season?
Yes, Upper Mustang is accessible even during the mid-monsoon season due to its location in the Himalayan rainshadow. However, the best seasons remain spring and autumn.
What role does a guide play in the Upper Mustang Jeep Tour?
A knowledgeable guide ensures you experience the major attractions, manages accommodations, handles food arrangements, and maximizes your tour experience.
What are the key highlights of the Upper Mustang Jeep Tour?
Key highlights include:
Exploring the ancient walled city of Lo Manthang
Immersing in Tibetan culture
Visiting historic monasteries and archaeological sites
Traversing stunning landscapes in a 4WD vehicle.
How does the Upper Mustang Jeep Tour cater to adventure seekers?
The tour is designed for adventure enthusiasts, offering off-road jeep rides through rugged terrain, cultural immersion, and access to one of Nepal's most restricted regions.
Why is Upper Mustang a hidden gem for travelers?
Upper Mustang is a hidden gem due to its remote location, preserved Tibetan culture, ancient monasteries, and breathtaking landscapes, making it a unique destination for travelers seeking an off-the-beaten-path experience.

DAY-BY-DAY ROUTE

Itinerary

A clear breakdown of each day of the trip.

DAY 1

Drive from Kathmandu to Pokhara (6-7 hours)

Begin your road trip through the scenic Prithvi Highway, with stops for snacks and lunch along the Trishuli River valley. Arrive in Pokhara and transfer to your hotel located at Lakeside, a vibrant area with plenty of evening entertainment.

DAY 2

Drive from Pokhara to Marpha (7 hours)

Enjoy a picturesque drive through the Kali Gandaki River valley, passing through Beni and the Rupse Waterfalls. Enter the Mustang region from Ghasa and continue through Lete, Kobang, and Tukuche before arriving in Marpha.

DAY 3

Marpha to Muktinath, and Kagbeni

Explore the historic Marpha Thakali Village, renowned for its apple farming and famous Apple Brandy. Visit the nearby apple gardens, then drive to Dhumba Lake and Monastery. Afterwards, continue your journey to Muktinath via Jomsom. Explore the sacred Muktinath Temple and its surroundings, then drive down to Kagbeni, the gateway to Upper Mustang. Overnight stay in Kagbeni.

DAY 4

Kagbeni to Tsarang

In the morning, explore the ancient Kagbeni Village and Monastery. After breakfast, drive to Tsarang. Along the way, visit the Tungsi Cave , believed to be a meditation site for Guru Rinpoche, a revered Buddhist master, in the 8th century during his journey to establish the Lo Gekhar Monastery. The cave is also associated with the Hindu god Shiva, who is said to have meditated here during his pilgrimage to Mount Kailash. Today's drive covers a distance of 39.7 km. Overnight stay in Tsarang.

DAY 5

Drive to Ghar Gumba and Lo Manthang

After breakfast, drive to Ghar Gumba, a must-visit monastery with significant historical importance. Then, continue your journey to Lo Manthang. For those who enjoy walking, you can hike from Ghar Gumba to Lo Manthang, offering a great option for hiking enthusiasts with beautiful landscape views. Overnight stay in Lo Manthang.

DAY 6

Explore Lo Manthang and Jhong Cave in Chhoser

Today, you can explore the area either by driving or by horseback riding, covering around 21 km. If you prefer not to ride horses, we can explore by drive in a more relaxed manner. The Jhong Cave in Chhoser is one of the most fascinating caves in Upper Mustang, Nepal. These ancient sky caves have captured the interest of archaeologists worldwide, eager to uncover the mysteries of this cave civilization. Upper Mustang is one of the best examples of such a civilization, with numerous multi-storied man-made caves embedded in the hills. Overnight stay in Lo Manthang.

DAY 7

Explore Lo Manthang and Drive back to Jomsom

Explore the areas around Lo Manthang in the morning. You may have the chance to visit nomadic regions and experience the unique nomadic lifestyle of Mustang. In the afternoon, drive back to Jomsom.

DAY 8

Drive back to Pokhara

Today is the final day of driving, with a longer journey back to Pokhara. In the evening, there will be an accomplishment ceremony in Pokhara. Overnight stay at the hotel.

DAY 9

Fly to Kathmandu

No long drives today, enjoy a relaxing time in Pokhara before flying back to Kathmandu. We will drop you off at your hotel. Your Upper Mustang Jeep Trip concludes here with a warm goodbye from the Community Trek team. If you need anything else, Community Trek will gladly assist you. Namaste!!

SERVICES

Included and not included

Included

- ✓ Hotels
- ✓ 4WD
- ✓ Permits
- ✓ Guide

Not included

- – Personal Expenses
- – Insurance
- – Tips

GALLERY

A glimpse of the journey













Community Trek
Explore, Connect & Experience

PLAN YOUR ADVENTURE

Bookings & Custom Dates

Contact our local team in Kathmandu to reserve your spot or tailor this itinerary.

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