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NEPAL · BAGMATI, KATHMANDU

Shivapuri Day Hike, Kathmandu

Escape Kathmandu for a refreshing day in the peaceful forests of Shivapuri National Park.

TRIP PRICE
$120

COST / PRICE	REGION	DURATION	MAXIMUM ALTITUDE
$120	Bagmati, Kathmandu	1 day	2,732 m

BEST SEASON	DIFFICULTY	ACCOMMODATION	TRIP TYPE
Spring & Autumn	Moderate	Teahouse / Lodge	trekking

HIGHLIGHTS

What makes this trip special

01 **Peaceful Shivapuri National Park: Escape the bustle of Kathmandu and hike through lush forests filled with oak, rhododendron, birds, and diverse Himalayan flora.**

02 **Panoramic Himalayan Views: Enjoy spectacular views of the Langtang Himalayan range and surrounding hills from the higher viewpoints and Shivapuri summit.**

03 **Rewarding Full-Day Adventure: Cover approximately 15 km in 6–7 hours, making this a satisfying day hike for active travelers who want a Himalayan experience without a multi-day trek.**

04 **Nature & Kathmandu's Water Source: Discover the ecological importance of Shivapuri, whose forests and natural springs help supply water to the Kathmandu Valley while protecting a rich natural ecosystem.**

OVERVIEW

Journey overview

Shivapuri Day Hike: A Breathtaking Escape near Kathmandu

Shivapuri Day Hike offers a perfect escape from the bustling city of Kathmandu , providing stunning views of the Langtang Himalayan range and a chance to immerse yourself in the lush nature surrounding the capital.

A Vital Water Source and Enchanting Sanctuary

Shivapuri National Park is not just a scenic marvel; it plays a crucial role as a water resource for Kathmandu's residents. Countless streams and springs originate within its verdant slopes, nourishing the city below. Beyond its hydrological significance, the park is a haven for diverse flora and fauna , making it a paradise for birdwatchers and nature enthusiasts.

Second Highest Hill Station with Panoramic Vistas

As the second-highest hill station in the Kathmandu Valley, after Phulchowki Dada, Shivapuri boasts an elevation that grants breathtaking panoramas. From its summit, you can witness the majestic Langtang Himalayan range in all its glory, with snow-capped peaks piercing the azure sky. The interplay of light and shadow on the mountainsides creates a constantly changing spectacle, ensuring a truly mesmerizing experience.

Convenient Location and Ideal Day Hike Distance

Shivapuri's proximity to Kathmandu makes it an easily accessible escape, perfect for a day trip. This hiking route spans approximately 15 kilometers, offering a challenging yet rewarding 6-7 hour trek.

Hassle-Free Experience with All Arrangements Covered

To ensure a seamless and enjoyable experience, we can assist with all your arrangements for the Shivapuri Day Hike. This includes providing a delicious packed lunch, a knowledgeable guide to navigate the trails, permits for park entry, and convenient transportation to and from the starting point.

Perfect Pre- or Post-Trekking Adventure

If you have some time before or after your main trekking adventure in Nepal, the Shivapuri Day Hike is an ideal way to add another dimension to your journey. It offers a refreshing contrast to the high-altitude treks, allowing you to reconnect with nature and soak in the beauty of the Kathmandu Valley from a different perspective.

So, lace up your hiking boots and embark on the Shivapuri Day Hike for an unforgettable experience of stunning scenery, vibrant nature, and breathtaking Himalayan vistas!

DAY-BY-DAY ROUTE

Itinerary

A clear breakdown of each day of the trip.

DAY 1

Shivapuri Day Hiking Itinerary

7:00 AM – Hotel Pick-Up
Your Shivapuri adventure begins with an early morning pick-up from your hotel in Kathmandu. Drive through the northern outskirts of the city toward Budhanilkantha.

7:45 AM – Visit Budhanilkantha Temple
After a scenic drive of around 45 minutes, arrive at the historic Budhanilkantha Temple. Take time to admire the impressive reclining statue of Lord Vishnu, resting peacefully on a bed of serpents.

8:30 AM – Drive to Muhan Pokhari
Continue by vehicle to Muhan Pokhari, the gateway to Shivapuri National Park. After completing the necessary entry formalities, prepare for your hike into the peaceful forest.

Into the Shivapuri Wilderness
8:45 AM – Begin the Hike
Start walking through the lush forest of Shivapuri National Park. The trail begins gently, surrounded by trees, birdsong, and refreshing mountain air.

As you gradually gain altitude, the trail becomes steeper, with sections of stone steps leading deeper into the forest. Along the way, enjoy occasional glimpses of the Kathmandu Valley and the surrounding hills.

Lunch with a View

12:30 PM – Packed Lunch
Take a well-earned break along the trail and enjoy a delicious packed lunch. Depending on the weather and trail conditions, you can relax while taking in the peaceful forest and mountain scenery.

Shivapuri Summit

1:30 PM – Continue to the Summit
After lunch, resume the climb toward Shivapuri Summit at 2,732 meters. The final section is more demanding, but the changing landscape and anticipation of reaching the summit make every step worthwhile.

2:30 PM – Reach Shivapuri Summit
Arrive at the summit and take in the magnificent Himalayan panorama. On a clear day, the views stretch across the surrounding mountain ranges, with peaks such as Langtang, Ganesh Himal, Manaslu, Annapurna, and Gaurishankar visible in the distance.

This is the perfect moment to pause, capture photographs, and simply enjoy the feeling of being above the Kathmandu Valley.

Descent and Return to Kathmandu

3:00 PM – Begin the Descent
After enjoying the summit views, begin your descent toward Muhan Pokhari. The familiar trail takes on a different character on the way down, offering new perspectives of the forest and surrounding landscape.

5:00 PM – Arrive at Muhan Pokhari
Complete the hike at Muhan Pokhari and meet your vehicle. Take a short rest before beginning the drive back to Kathmandu.

5:45 PM – Hotel Drop-Off
Arrive back at your hotel, bringing an inspiring day in the Shivapuri hills to a close—with fresh mountain air, Himalayan views, and unforgettable memories of your Kathmandu escape.

SERVICES

Included and not included

Included

- √ Fully escorted trek with fluent English speaking license holder local tour guide
- √ Private vehicle, jeep transportation, pick up from hotel then at the end drop to hotel
- √ Pack Lunch and a Bottle of Water
- √ Transportation: Kathmandu to Budanilkantha-Kathmandu

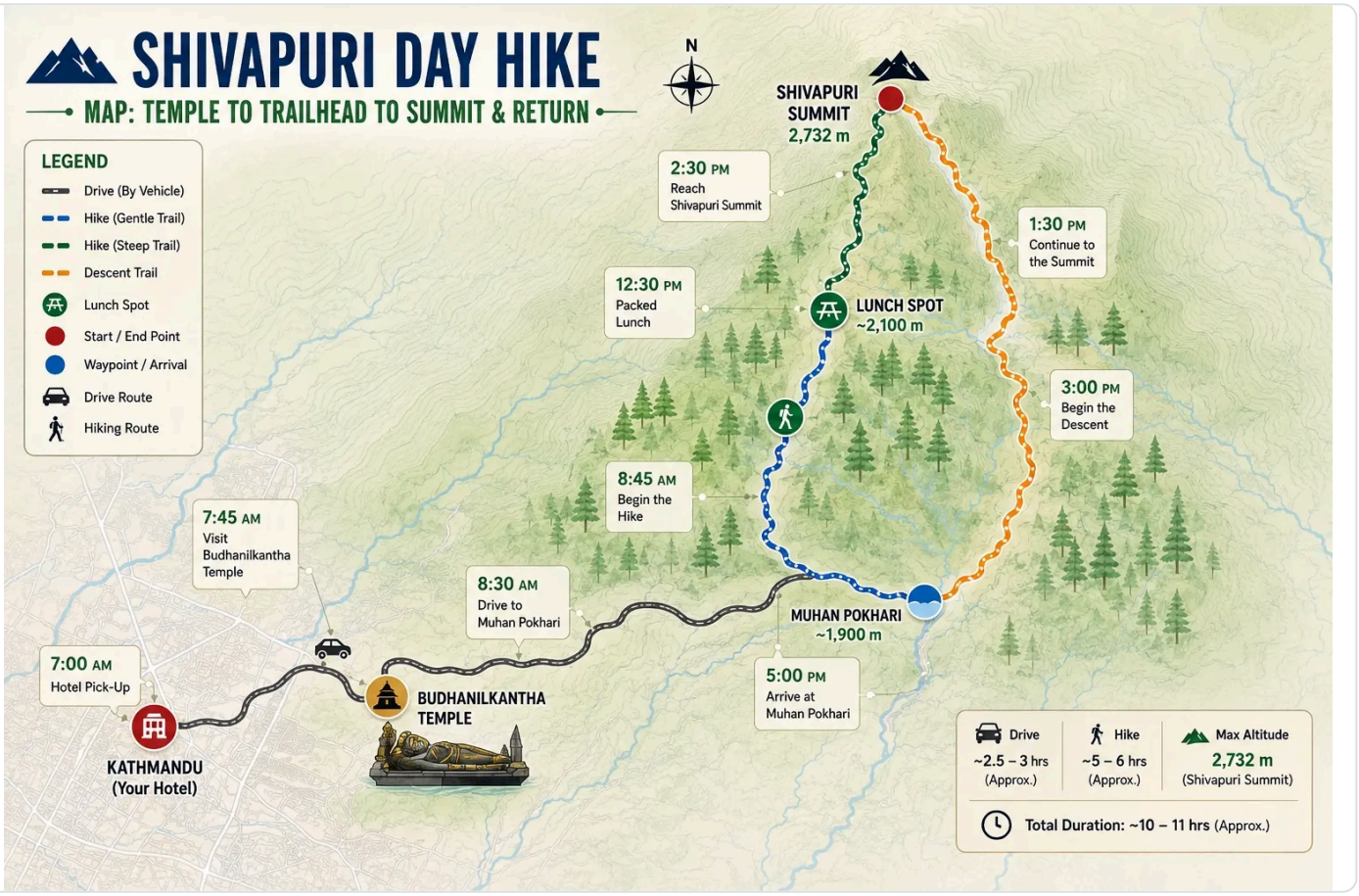
Not included

- – Personal hiking equipment and Clothing.
- – Personal nature expenses, any drinks and bar bills.
- – Your travel insurance (it is mandatory in case of emergency).
- – Any donation and monument entrance fees.
- – Tips for the crew (Note : TIPS is not compulsory but highly expected)
- – Any other things which are not mentioned above

ROUTE MAP

Trekking & tour route

Key stops, checkpoints, and route trajectory.



GALLERY

A glimpse of the journey















Community Trek
Explore, Connect & Experience

PLAN YOUR ADVENTURE

Bookings & Custom Dates

Contact our local team in Kathmandu to reserve your spot or tailor this itinerary.

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