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NEPAL · EVEREST, KHUMBU

Pikey Peak Lodge Trek

The Pikey Peak Trek is a spectacular 6–7 day journey through Nepal's Lower Everest region, reaching Pikey Peak at 4,065 meters.

TRIP PRICE
$1,000

COST / PRICE	REGION	DURATION	MAXIMUM ALTITUDE
$1,000	Everest, Khumbu	7 days	4,065 m

BEST SEASON	DIFFICULTY	ACCOMMODATION	TRIP TYPE
Spring & Autumn	Moderate	Teahouse / Lodge	trekking

HIGHLIGHTS

What makes this trip special

01 **Spectacular Everest Panorama: Enjoy breathtaking sunrise and panoramic views of Mount Everest, Makalu, Lhotse, Manaslu, and other Himalayan peaks from Pikey Peak (4,065m).**

02 **Authentic Sherpa Culture: Experience traditional Sherpa villages, Buddhist monasteries, stupas, prayer flags, and warm local hospitality.**

03 **Peaceful & Scenic Trails : Trek through beautiful rhododendron and pine forests, terraced fields, mountain ridges, and less-crowded trails in the Lower Everest region.**

04 **Short & Rewarding Adventure: Complete this scenic 6–7 day Himalayan trek with a moderate level of difficulty, making it ideal for travelers seeking an unforgettable Everest-region experience.**

OVERVIEW

Journey overview

Pikey Peak Trek, is situated in the Lower Everest region of Nepal. This trek offers breathtaking panoramic mountain views, including some of the tallest peaks in the world, such as Mount Everest, Lhotse, Makalu, Sisapangma, and Manaslu.

Pikey Peak Trek begins from the charming village of Dhap (2850m) and takes you through lush forests and past terraced fields, eventually leading you over the majestic Pikey Peak (4065m). The entire trek typically takes around 6-7 days to complete, with the option to conclude the journey at either Junbesi Village or Phaplu Bazar.

Everest Himalayan range view from Pikey Peak.

Experience the Warmth of Sherpa Culture:

Ancient Traditions: Walk along stone mani walls, encounter serene stupas, and visit Buddhist monasteries, each steeped in the rich history and spiritual traditions of the Sherpa and Tamang communities.

Welcoming Smiles: Immerse yourself in the warm hospitality of the local people. Enjoy delicious home-cooked meals in traditional teahouses and learn about their unique way of life in the shadows of the Himalayas.

Team discussion, the Pikey Peak Trail, Everest.

A Trek for Every Pace:

Flexible Options: Start your journey in the charming village of Dhap (2,850m) and trek through lush forests and terraced fields. Depending on your preference, end your adventure in either Junbesi Village or Phaplu Bazar.

Moderate Challenge: The Pikey Peak Trek offers a balance between scenic beauty and manageable terrain. While some sections involve uphill climbs, the overall distance and elevation gain are suitable for trekkers of moderate fitness levels.

Escape the Ordinary, Embrace the Extraordinary:

The Pikey Peak Trek is more than just a hike; it's a journey into the heart of the Himalayas. It's a chance to connect with nature, discover ancient cultures, and create memories that will last a lifetime. So, if you're seeking a short yet rewarding adventure, pack your bags and let the Pikey Peak Trek lead you to unforgettable experiences.

Pikey Peak Summit 4065m, lower Everest.

The Best to go for Pikey Peak Trek:

The best time to go for the Pikey Peak Trek in Nepal is during the pre-monsoon (spring) and post-monsoon (autumn) seasons. These months offer stable weather conditions and clear skies, providing optimal visibility for enjoying the stunning views of the Himalayas.

DAY-BY-DAY ROUTE

Itinerary

A clear breakdown of each day of the trip.

DAY 1

Kathmandu - Jantardhap (93480 ft / 2850 m)

Your guide will pick you up from your hotel in Kathmandu by Jeep. After breakfast before 7:00 AM, drive for approximately 7–8 hours through Bhaktapur, Dhulikhel, Mulkot, and Ghurmi. Enjoy lunch at Ghurmi before continuing along the scenic mountain road to Jantardhap, where you will spend the night.

Located at around 2,800m, Jantardhap is a peaceful village in the lower Solu-Khumbu region and a gateway to the Pikey Peak Trek. The area is known for beautiful Himalayan views, red rhododendrons in spring, snow-covered landscapes in winter, and the nearby Changesthan Devi Temple.

DAY 2

Trek to Jhapre (73480 ft / 2250 m)

Today, you begin your trek through peaceful mountain trails, with occasional sections following the newly constructed road. The scenic route passes through colorful rhododendron forests and sub-alpine vegetation, while offering beautiful views of the foothills of the Himalayas. Along the way, you will pass through valleys with steep hillsides covered in traditional terraced fields of potatoes and vegetables, giving you an authentic glimpse into the rural Sherpa way of life. Enjoy a relaxed 5–6 hours of trekking, taking plenty of time to appreciate the peaceful surroundings and mountain scenery.

Jhapre is a charming village inhabited by Magar and Sherpa communities, with around 10–15 traditional houses and teahouses. The village is home to an old Buddhist monastery and two stupas, reflecting the strong Buddhist traditions of the local people. If a puja ceremony is taking place during your visit, you may have the opportunity to observe or participate. On a clear day, Jhapre also offers impressive views of Mount Everest and Numbur Himal, making it a beautiful and culturally enriching stop on the Pikey Peak Trek.

DAY 3

Trek to Pikey Base Camp (11,942 ft / 3640 m)

From Jhapre, the trail gradually ascends toward a grassy ridge at Bhulbhule, where a small lodge offers beautiful views of the surrounding Himalayan peaks. The trail then splits, and you take the right-hand path toward Pikey Peak. Along the way, you pass traditional yak huts and a long Mani Wall, before following the trail beneath Taklung Danda through a beautiful wooded landscape. In spring, the forest comes alive with colorful rhododendron blooms, adding to the charm of the journey.

After leaving the forest, you continue along the scenic trail and reach Pikey Peak Base Camp in approximately 2 hours. The base camp has a couple of comfortable Sherpa teahouses where you can rest, enjoy a warm meal, and spend the night surrounded by peaceful mountain scenery.

DAY 4

Early morning ascend Pikey Peak 4065m for Sunrise view and Trek to Junbesi (3,550m)

Start your day early with a gradual climb toward Pikey Peak Summit (4,065m), marked by colorful prayer flags and surrounded by spectacular Himalayan scenery. On a clear day, the summit offers an incredible panoramic view stretching across the Himalayan range, with distant peaks from Annapurna to Kanchenjunga visible on the horizon. Take time to enjoy the breathtaking scenery and capture unforgettable moments before beginning your descent.

From the summit, descend through a beautiful old-growth forest toward Taktor. The trail follows a scenic ridge before taking a steep shortcut near Jase and joining the historic Jiri–Everest Base Camp trail at Taktor. From here, continue for another couple of hours along a peaceful forest trail to reach Junbesi, one of the most beautiful traditional Sherpa villages in the region.

Pikey Peak is also widely associated with Sir Edmund Hillary, who is said to have admired the mountain views from this area. Standing at the summit and looking across the vast Himalayan panorama, it is easy to understand the appeal of this remarkable viewpoint.

Junbesi Village is a picturesque Sherpa settlement surrounded by magnificent mountains and rich Buddhist heritage. The village is home to important monasteries, including Junbesi Monastery and Ngagyur Sergon Lungrig Sedrup Zungdelling Monastery, decorated with colorful prayer flags, prayer wheels, and traditional Buddhist artwork. Despite its traditional character, Junbesi offers modern comforts such as Wi-Fi, hot showers, and a variety of food options, making it a welcoming and memorable stop on the Pikey Peak Trek.

DAY 5

Excursion to Thupten Chholing Monastery

After breakfast, take a short and peaceful hike from Junbesi to Thupten Choling Monastery, located on the hillside above the village. Spend time exploring the monastery and its serene surroundings before returning to Junbesi for a relaxed afternoon.

Thupten Choling Monastery is a renowned Buddhist retreat and monastic community founded by Kyabje Trulshik Rinpoche in the 1960s. Located in the Solu-Khumbu region, the monastery is home to a large community of Buddhist nuns dedicated to spiritual practice, meditation, and maintaining the monastery. The peaceful atmosphere, prayer flags, traditional architecture, and surrounding Himalayan landscape make Thupten Choling a meaningful cultural and spiritual highlight of the Pikey Peak Trek.

DAY 6

Trek to Phaplu 2380m

After breakfast, begin your descent along the scenic trail beside the Junbesi Khola. The path gradually leads through beautiful mountain landscapes until you reach a steel suspension bridge. Cross the bridge and continue toward Beni Ghat, enjoying the peaceful surroundings and changing scenery along the way. From Beni Ghat, follow the trail toward Phaplu, where you will spend your final night in the mountains at a comfortable mountain lodge.

As this is your last evening in the mountains, it is a wonderful opportunity to celebrate the completion of your trek with your trekking crew. Gather together for a small farewell celebration, share food and drinks, and reflect on the memorable journey. Showing your appreciation through tips and heartfelt thanks is a meaningful way to recognize the hard work and support of your guides and porters, making your final night a warm and memorable conclusion to the adventure.

DAY 7

Scenic flight/ drive back to Kathmandu

With your Pikey Peak Trek coming to an end, today you will return to Kathmandu. Depending on your preference and schedule, you can either take a scenic drive or catch a flight from Phaplu Airport. Along the way, enjoy the beautiful landscapes of the region, with views of rugged mountains, green valleys, winding rivers, and traditional villages. Relax and reflect on the unforgettable Himalayan adventure as you make your way back to Kathmandu.

SERVICES

Included and not included

Included

- ✓ **Kathmandu to Dhap and Phaplu to Kathmandu Transport.**
- ✓ **Mountain basic Accommodations.**
- ✓ **Foods: All Breakfast**
- ✓ **Guide and porter (1 porter per 20 kg of luggage)**
- ✓ **All necessary permits.**

Not included

- – **Food: Lunch and Dinner along the Trek**
- – **Extra accommodation: This covers any additional nights you may need to stay due to early return, natural disasters, or other unforeseen circumstances.**
- – **Tips for staff: This is a customary way to show your appreciation for the hard work of your guide, porters, and other staff. A suggested range is 12-15 USD per person per day.**
- – **Personal insurance: It is highly recommended to purchase travel insurance that covers medical emergencies, trip cancellation, and other potential risks.**
- – **Gear rental: You will need to rent appropriate gear for the trek, such as hiking boots, a backpack, a sleeping bag, and warm clothing.**

ROUTE MAP

Trekking & tour route

Key stops, checkpoints, and route trajectory.



PLANNING

Frequently asked questions

What makes the Pikey Peak Trek special?

The Pikey Peak Trek is one of Nepal's best short Himalayan adventures, offering spectacular sunrise and sunset views of the Everest range without the crowds found on the classic Everest Base Camp route. The trek combines panoramic mountain scenery with peaceful Sherpa villages, Buddhist monasteries, rhododendron forests, and authentic Himalayan culture.

How difficult is the Pikey Peak Trek?

Pikey Peak is generally considered a moderate trek. The trails involve daily ascents and descents, with Pikey Peak reaching approximately 4,065 meters (13,336 ft). A reasonable level of fitness and regular walking or hiking preparation is recommended, but previous high-altitude trekking experience is not essential.

What is the best season for the Pikey Peak Trek?

The best seasons are spring (March-May) and autumn (September–November), when the weather is generally stable and mountain visibility is excellent. Spring is especially beautiful for rhododendron forests in bloom, while autumn often provides exceptionally clear Himalayan views.

Can I see Mount Everest from Pikey Peak?

Yes. One of the major highlights is the panoramic Himalayan view from Pikey Peak, which can include Mount Everest and other major peaks such as Lhotse, Makalu, Kanchenjunga, and Gaurishankar, depending on weather and visibility. Sunrise from the summit is particularly spectacular.

Is the Pikey Peak Trek suitable for beginners?

Yes, the trek can be suitable for fit first-time trekkers. Although the altitude requires proper acclimatization and a steady pace, the route is generally less demanding than longer high-altitude treks. Hiring a professional guide is strongly recommended, particularly for first-time visitors to the region.

What type of accommodation and food can I expect?

Accommodation is mainly in local teahouses and lodges, providing simple and comfortable rooms. Meals commonly include traditional Nepali dishes such as dal bhat, noodles, soups, potatoes, vegetables, Tibetan-style bread, and other basic trekking foods. Facilities become more basic in remote sections of the trail.

What permits are required for the Pikey Peak Trek?

The required permits depend on the exact route and current regulations. Depending on the itinerary, trekkers may need a Sagarmatha National Park permit, local-area permit, or other applicable trekking documentation. A registered trekking agency can arrange the necessary permits and ensure that current regulations are followed.

How should I prepare for the Pikey Peak Trek?

Prepare by building your endurance through regular walking, hiking, stair climbing, and cardiovascular exercise before departure. Pack good trekking shoes, warm layers, waterproof clothing, a sleeping bag, sunglasses, sunscreen, a water bottle, a headlamp, and personal medications. Most importantly, stay hydrated, walk at a comfortable pace, and allow your body time to adjust to the altitude.

How long does the Pikey Peak Trek usually take?

The duration varies depending on the starting and ending points and whether you travel by road. Most itineraries take approximately 5–9 days, allowing enough time to enjoy the villages, landscapes, monasteries, and mountain viewpoints without rushing.

Can I combine Pikey Peak with another trek or destination?

Yes. Pikey Peak can be combined with other destinations in the Everest and Solukhumbu region for travelers who want a longer Himalayan adventure. It can also be incorporated into a customized itinerary depending on your available time, fitness level, and trekking goals.

GALLERY

A glimpse of the journey










Community Trek
Explore, Connect & Experience

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PLAN YOUR ADVENTURE

Bookings & Custom Dates

Contact our local team in Kathmandu to reserve your spot or tailor this itinerary.

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