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NEPAL · MAKALU

# Makalu Base Camp Lodge Trek

The Makalu Base Camp Trek is an unforgettable journey into one of Nepal's most remote and pristine Himalayan regions.

**TRIP PRICE**
**$2,800**

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| **COST / PRICE**<br>$2,800 | **REGION**<br>Makalu | **DURATION**<br>19 days | **MAXIMUM ALTITUDE**<br>5,300 m |
| **BEST SEASON**<br>Spring & Autumn | **DIFFICULTY**<br>Challenging | **ACCOMMODATION**<br>Teahouse / Lodge | **TRIP TYPE**<br>trekking |

HIGHLIGHTS

# What makes this trip special

01 **Reach the Foot of Mount Makalu: Trek to the base camp of Makalu (8,485 m), the world's fifth-highest mountain, surrounded by dramatic Himalayan peaks.**

02 **Explore Untouched Himalayan Wilderness: Walk through the diverse landscapes of Makalu-Barun National Park, from rhododendron and bamboo forests to alpine meadows, glaciers, and rugged valleys.**

03 **Experience Remote Mountain Culture: Visit traditional villages, meet local communities, and experience the authentic lifestyle and hospitality of eastern Nepal.**

04 **Adventure Beyond the Crowds: Enjoy a challenging and rewarding off-the-beaten-path trek with peaceful trails, spectacular scenery, and a true sense of Himalayan solitude.**

OVERVIEW

# Journey overview

The Makalu Base Camp Trek is one of Nepal's hidden gems for trekking lovers seeking solitude, raw wilderness, and stunning Himalayan views. Located in the remote eastern region of Nepal, this trek takes you through the untouched valleys of the Makalu Barun National Park , known for its rich biodiversity and rare Himalayan wildlife. Compared to other famous treks like Everest Base Camp or the Annapurna Circuit , Makalu offers a peaceful and authentic mountain trekking experience.

If you're looking for an off-the-beaten-path trek in Nepal with challenging high passes, remote villages, and pristine alpine scenery, the Makalu Trekking Route is a perfect choice. The trail covers dense forests of rhododendron, bamboo, and pine, as well as meadows, glaciers, and towering peaks.

Where is the Makalu Base Camp Located?

The Makalu Trek is located in eastern Nepal , inside the Makalu Barun National Park , bordering Tibet (China) to the north. The trek starts from Tumlingtar , a small town in the Sankhuwasabha District, and follows trails through forested hills, remote villages, and high mountain passes before reaching the Makalu Base Camp.

What Makes the Makalu Base Camp Lodge Trek Special?

The Makalu Trek stands out for its untouched natural beauty , diverse landscapes, and rich biodiversity. Unlike popular trekking routes like Everest Base Camp or Annapurna Circuit, the Makalu region remains off the beaten path, offering peace, solitude, and authentic Himalayan culture. Trekkers can also enjoy views of several iconic peaks like Mount Everest , Lhotse, Chamlang , and Baruntse along the route.

What Permits Are Required for the Makalu Base Camp Trek?

To trek to Makalu Base Camp, you'll need:

Makalu Barun National Park Entry Permit

TIMS (Trekkers' Information Management System) Card

You can get these permits in Kathmandu or Tumlingtar before starting the trek. It's also recommended to carry extra passport-size photos and copies of your passport.

What is the Best Time to Trek the Makalu Base Camp Trek?

The ideal time to trek in the Makalu region is during autumn (September to mid-November) and spring (mid-March to May) . During these months, the weather is clear, with stable temperatures and excellent mountain views. Trails are also safer, as high passes have less snow. Winter and monsoon seasons bring heavy snow and rain, making the trek more difficult.

How Long is the Makalu Base Camp Trek?

The Makalu Base Camp Trek typically takes 19 to 22 days , depending on the itinerary and acclimatization needs. The distance covered is about 150–170 kilometers round trip , making it one of Nepal's longer treks. The itinerary includes time for altitude adjustment, cultural exploration, and enjoying scenic viewpoints.

What is the Starting Point of the Makalu Base Camp Trek?

The trek begins with a scenic flight from Kathmandu to Tumlingtar . From there, a jeep drive takes you to Num , the official trailhead for the Makalu Base Camp Trek. The route then heads across the Arun River and steadily climbs through the Barun Valley toward the base camp.

Why Choose the Makalu Base Camp Trek?

This trek is perfect for those looking to explore Nepal's remote and less-crowded trekking routes. It offers unmatched

mountain views, untouched wilderness, rare wildlife sightings , and meaningful interactions with local mountain communities. Trekking with an experienced company like Community Trek ensures a safe, well-organized, and unforgettable Himalayan adventure.

DAY-BY-DAY ROUTE

# Itinerary

A clear breakdown of each day of the trip.

DAY 1

### Arrival in Kathmandu 1,400m

Arrive in Kathmandu and transfer to your hotel. Take time to rest after your journey and prepare for the adventure ahead. If time allows, you can explore the surrounding streets of Kathmandu.

DAY 2

### Fly to Tumlingtar & Drive to Num 1,980m.

50-minute flight to Tumlingtar, followed by a 3–4-hour drive to Num Village. Enjoy a scenic flight from Kathmandu to Tumlingtar with beautiful Himalayan views along the way. From Tumlingtar, continue by road through the scenic Arun Valley toward Num Village, the starting point of the Makalu Base Camp Trek.

DAY 3

### Trek to Seduwa | 1,590 m | 5–6 hours

Begin trekking from Num, descending toward the Arun River before climbing through forests and terraced hillsides. Continue through traditional settlements to reach Seduwa, a peaceful mountain village.

DAY 4

### Trek to Tashi Gaon | 2,135 m | 4–5 hours

Walk through lush forests and cultivated hills toward Tashi Gaon, one of the last major villages before entering the higher Makalu wilderness. Enjoy the traditional atmosphere and mountain surroundings.

DAY 5

### Trek to Khangma Danda | 3,600 m | 6–7 hours

The trail becomes steeper as you leave the lower villages behind. Climb through rhododendron forests and alpine landscapes toward Khangma Danda, where the mountain scenery begins to feel much more dramatic.

DAY 6

### Acclimatization Day at Khangma Danda | 3,600 m

Take a well-deserved rest day to help your body adjust to the increasing altitude. Enjoy a short hike around the area, explore the surrounding landscape, and take in the changing Himalayan scenery.

DAY 7

### Trek to Dobate | 3,850 m | 5-6 hours

Continue through beautiful rhododendron and pine forests, crossing several ridges and enjoying increasingly impressive mountain views. The trail gradually leads into the more remote high-altitude landscape before reaching Dobate.

DAY 8

### Trek to Yangri Kharka | 3,650 m | 4–5 hours

Descend gradually through the forest toward the Barun River valley. The scenery becomes wilder and more dramatic as you enter the Makalu-Barun wilderness and continue toward Yangri Kharka.

DAY 9

### Trek to Langmale Kharka | 4,440 m | 4–5 hours

Follow the Barun Valley deeper into the mountains. As the vegetation becomes thinner, spectacular peaks and rocky landscapes dominate the surroundings. Reach Langmale Kharka and prepare for the final approach to base camp.

DAY 10

### Trek to Makalu Base Camp | 4,830 m | 4–5 hours

Today is one of the most memorable days of the trek. Walk through the rugged upper Barun Valley toward Makalu Base Camp, surrounded by towering Himalayan peaks. Reaching 4,830 meters beneath Mount Makalu is a truly rewarding achievement.

DAY 11

### Explore Makalu Base Camp | 4,830 m

Spend the day exploring the magnificent surroundings of Makalu Base Camp. Enjoy views of Mount Makalu, Baruntse, Chamlang, and the surrounding glaciers and valleys. Take photographs, explore nearby viewpoints, and allow yourself time to appreciate the wilderness.

DAY 12

### Trek to Yangri Kharka | 3,650 m | 6–7 hours

Begin the return journey through the Barun Valley. Retrace the trail through the dramatic mountain landscape and gradually descend toward the warmer surroundings of Yangri Kharka.

DAY 13

### rek to Dobate | 3,850 m | 4–5 hours

Continue through the remote wilderness, following the familiar trail back toward Dobate. The gradual change in vegetation and landscape makes the return journey feel surprisingly different.

DAY 14

### Trek to Khangma Danda | 3,600 m | 4–5 hours

Walk back through rhododendron and pine forests toward Khangma Danda. Enjoy the quieter lower-altitude environment and take time to appreciate the landscapes you passed earlier in the trek.

DAY 15

### Trek to Seduwa | 1,590 m | 6–7 hours

Continue the long descent toward Seduwa. The warmer temperatures, greener forests, and return of terraced farmland signal your gradual transition from the high Himalayas toward the Arun Valley.

DAY 16

### Trek to Num & Drive to Khandbari | 1,040 m | 3–4 hours walk + 3 hours drive

Complete the final section of the trek and return to Num. From here, take a scenic drive toward Khandbari, enjoying the changing landscape as you descend into the lower hills.

DAY 17

### Drive to Tumlingtar & Fly to Kathmandu | 1,400 m

Start early with a drive to Tumlingtar Airport. Take the flight back to Kathmandu and transfer to your hotel. The afternoon is free to relax, explore, or simply enjoy a comfortable evening after the trek.

DAY 18

### Kathmandu Sightseeing | 1,400 m

Enjoy a cultural day exploring some of Kathmandu's historic landmarks, temples, and heritage sites. It is a chance to experience a very different side of Nepal after the remote wilderness of Makalu.

DAY 19

### Departure Day

Your Makalu Base Camp adventure comes to an end. Depending on your flight schedule, transfer to the airport for your onward journey, taking home memories of remote trails, mountain villages, spectacular landscapes, and the mighty Makalu.

SERVICES

## Included and not included

### Included

- √ KTM/Tumlingtar/KTM flight
- √ Mountain Tea house/lodge accommodation during the trek.
- √ BLD (Breakfast, Lunch, Dinner) during the Trek.
- √ Guide and Helpers (porters) assistance, according to the group size.
- √ All land transportation (based upon itinerary).
- √ TIMS (Trekking Information Management System) card.
- √ Makalu Barun National Park Entry Fees.
- √ All government Taxes.
- √ Local Government Permit.

### Not included

- – Pick up and drop off service on your arrival and departure flights.
- – Any bar bills (alcoholic drinks, mineral water, and cold drinks), cigarettes, client's insurance, or any kind of unforeseen expenses.
- – Hotels and Food in Kathmandu: If you also need a hotel, we can arrange accommodations based on your budget.
- – Tips for Guide and Porter (Avg. 12-20 US $ per member per day).
- – International airfare
- – Travel Insurance
- – Extra night in Kathmandu: Extra nights' accommodation in Kathmandu. In case of early arrival or late departure, early return from Trekking (due to any reason) than the scheduled itinerary.
- – Rescue Evacuation: Medical Insurance and emergency rescue evacuation costs if required. (Rescue, Repatriation, Medication, Medical Tests, and Hospitalization costs.).
- – Personal Expenses: Telephone, Internet, battery recharge, shower, Laundry, any Alcoholic beverages, Boiled, water, beer, coke, and Clothing, Packing Items or Bags, Personal Medical Kit, Insurance, Personal Trekking Gears, and equipment.
- – USD 22 for extra porter per day (If extra porter demanded).
- – At times Trekkers have been delayed in Lukla awaiting return to KTM. During these times when airplanes cannot fly, Helicopter flights can be arranged (subject to their availability). The cost is approximately $500-600 paid by the trekker.
- – Any other item not listed in the "Price Includes" section.

GALLERY

# A glimpse of the journey











**Community Trek**
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PLAN YOUR ADVENTURE

## Bookings & Custom Dates

Contact our local team in Kathmandu to reserve your spot or tailor this itinerary.

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