



Community Trek
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TRIP ITINERARY

EVEREST PHOTOGRAPHY TREK NEPAL

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NEPAL · EVEREST, KHUMBU

Everest Photography Trek Nepal

The Everest Photography Trek combines the adventure of trekking in the legendary Khumbu region with unforgettable opportunities for Himalayan photography.

TRIP PRICE

\$2,500

COST / PRICE

\$2,500

REGION

Everest, Khumbu

DURATION

26 days

MAXIMUM ALTITUDE

5,600 m

BEST SEASON

Spring & Autumn

DIFFICULTY

Challenging

ACCOMMODATION

Teahouse / Lodge

TRIP TYPE

photography-tours

HIGHLIGHTS

What makes this trip special

- 01

Iconic Everest & Himalayan Landscapes: Capture breathtaking views of Mount Everest, Ama Dablam, Lhotse, Nuptse, and Thamserku, especially during dramatic sunrise and sunset light.
- 02

Golden-Hour Photography: Enjoy carefully timed photography opportunities at spectacular viewpoints such as Namche, Tengboche, and Kala Patthar, where changing Himalayan light creates unforgettable images.
- 03

Authentic Sherpa Culture & Mountain Life: Photograph traditional villages, monasteries, prayer flags, mani walls, yak caravans, and the everyday life and traditions of the Sherpa people.
- 04

Photography Beyond the Ordinary Trail: Trek at a thoughtful pace with time to observe, explore, and capture spontaneous moments, combining Everest Base Camp adventure with meaningful Himalayan storytelling through photography.

OVERVIEW

Journey overview

Experience the Everest Photography Trek, a unique adventure for photographers and nature enthusiasts alike. Discover the majestic Himalayas, home to towering mountains, ancient monasteries, and welcoming Sherpa communities. From the lively streets of Kathmandu to the peaceful turquoise lakes of Gokyo, every moment of this trek offers beautiful scenes just waiting to be photographed.

Our Everest Base Camp photography tour is thoughtfully paced to allow photographers ample time for sunrise and sunset shoots, cultural encounters, and unhurried landscape sessions. The itinerary includes iconic spots like Swayambhunath Stupa , Pashupatinath Temple , and Boudhanath Stupa in Kathmandu, followed by a scenic flight to Lukla — the gateway to the Everest region. Along the trek, you'll photograph dramatic suspension bridges, yak caravans, prayer flags fluttering against snow-clad mountains, and traditional Sherpa homes.

Highlights of this Himalayan photography trek include visits to Namche Bazaar , the vibrant heart of the Khumbu; the peaceful villages of Khumjung and Kunde ; the spiritual hub of Tengboche Monastery ; and awe-inspiring panoramic points like Everest View Hotel , Kala Patthar , Chhukung Ri , and Gokyo Ri . These vantage points provide unrivaled views of Everest, Lhotse, Nuptse, Ama Dablam , and the world's highest glacier — the Khumbu Glacier . Each day offers meticulously planned photography sessions in the golden hours, with optional night sky shoots for capturing the Milky Way over the Himalayas.

This trek is perfect for landscape photographers, adventure travelers, and cultural documentarians seeking to capture the soul of Nepal's mountains and communities. It's more than just a trek; it's a photography expedition to Everest Base Camp designed with photographers in mind — slower trekking days, sunrise and sunset views, flexible stops, and expert guidance on the best shooting locations along the way.

Whether you're looking to document Himalayan wildlife , ancient monasteries, dramatic mountain ranges, or authentic village life, this Everest trekking photography tour guarantees a portfolio of stunning images and unforgettable memories. Join us on this extraordinary photographic journey through the world's highest mountains and return home with the adventure of a lifetime captured through your lens.

Itinerary

A clear breakdown of each day of the trip.

DAY 1

Arrival in Kathmandu (1,400m / 4,593ft)

1400m.

Upon arrival at Tribhuvan International Airport , our team will welcome you and transfer you to your hotel. In the evening, enjoy a relaxed stroll around Thamel , the bustling tourist district of Kathmandu. It's a great opportunity for some street and culture photography, capturing colorful shops, street life, and local markets. In the evening, there will be a trek briefing and gear check.

MEALS

Excluded

ACCOMMODATION

Hotel in Kathmandu

DAY 2

Photography Day in Kathmandu

1400m.

Begin your morning with a sunrise shoot at the iconic Swayambhunath Stupa (Monkey Temple) . Later, visit the sacred Pashupatinath Temple and the grand Boudhanath Stupa , both ideal for cultural and heritage photography. In the afternoon, explore Patan Durbar Square , a UNESCO World Heritage site perfect for photographing traditional Newari architecture bathed in soft evening light.

MEALS

Breakfast

ACCOMMODATION

Hotel in Kathmandu

DAY 3

Fly to Lukla (2,860m / 9,383ft)

2,800m.

Take a scenic early morning flight to Lukla Airport , with breathtaking mountain views — sit on the left for the best aerial shots of the Himalayas. Upon landing, photograph the lively Lukla airstrip with aircraft landing and taking off against mountain backdrops. Capture the bustling market and daily life of the local people.

MEALS

BLD (Breakfast, Lunch, Dinner)

ACCOMMODATION

Lodge in Lukla

DAY 4

Trek to Monjo (2,835m / 9,301ft)

2,835m.

Begin your trek following the Dudh Koshi River , crossing suspension bridges and passing through picturesque Sherpa villages. This is an excellent day for capturing caravans of yaks and mules carrying supplies, local porters with heavy loads, and the photogenic suspension bridges set against dense pine forests and towering cliffs.

MEALS

BLD (Breakfast, Lunch, Dinner)

ACCOMMODATION

Lodge in Manjo

DAY 5

Trek to Namche Bazaar (3,440m / 11,286ft)

3,440m.

Continue your journey across multiple suspension bridges with views of Mount Thamserku and Kusum Kanguru . Frequent rest stops offer great photography spots of villages, dense forests, and river valleys. Arrive in Namche Bazaar and photograph this lively mountain town during golden evening light.

MEALS

BLD (Breakfast, Lunch, Dinner)

ACCOMMODATION

Lodge in Namche

DAY 6

Trek to Khumjung via Everest View Hotel (3,880m / 12,729ft)

3,880m.

Start your day photographing sunrise over Namche Bazaar . Trek along one of the most beautiful trails towards Everest View Hotel , stopping for your first unobstructed views of Everest, Lhotse, and Ama Dablam . Arrive at Khumjung village and enjoy an evening walk capturing village life and the traditional Sherpa homes.

MEALS

BLD (Breakfast, Lunch, Dinner)

ACCOMMODATION

Mountain Lodge

DAY 7

Explore Khumjung & Kunde Villages (3,790m / 12,434ft)

3,790m.

n the morning, hike up to Kunde View Point for sunrise views of Khumjung and Kunde villages framed by Himalayan peaks. Spend the day exploring the villages, visiting the school, monastery , and observing daily Sherpa life. A fantastic day for authentic cultural photography.

MEALS

BLD (Breakfast, Lunch, Dinner)

ACCOMMODATION

Included (Mountain Tea-house)

DAY 8

Trek to Tengboche Monastery (3,860m / 12,664ft)

3,860m.

Photograph the sunrise over Khumjung before trekking towards Tengboche Monastery . Along the way, capture close-up views of Ama Dablam and dramatic mountain landscapes. Sunset photography from the monastery courtyard offers incredible views of Everest, Lhotse, and Nuptse .

MEALS

BLD (Breakfast, Lunch, Dinner)

ACCOMMODATION

Included (Mountain Tea-house)

DAY 9

Trek to Pangboche (3,985m / 13,074ft)

3,985m.

Begin with morning monastery photography at Tengboche . Trek to Pangboche , capturing stunning views of Ama Dablam along the way, especially from the suspension bridge crossing. Explore Pangboche village , its ancient monastery, and traditional Sherpa homes surrounded by majestic peaks.

MEALS

BLD (Breakfast, Lunch, Dinner)

ACCOMMODATION

Included (Mountain Tea-house)

DAY 10

Trek to Dingboche (4,410m / 14,469ft)

4,410m.

Photograph sunrise scenes of spiritual morning rituals in Pangboche, such as juniper burning and prayer chants. Trek to Dingboche , where you can capture expansive valley views and evening shots of Ama Dablam and Island Peak . Optionally hike to Nangkartshang Peak (5,083m / 16,676ft) for sunset.

MEALS

BLD (Breakfast, Lunch, Dinner)

ACCOMMODATION

Included (Mountain Tea-house)

DAY 11

Trek to Chhukung (4,730m / 15,518ft)

4,730m.

A short trek through open valleys, perfect for wide-angle landscape photography. In the evening, capture the Lhotse South Face glowing in the golden hour.

MEALS

BLD (Breakfast, Lunch, Dinner)

ACCOMMODATION

Included (Mountain Tea-house)

DAY 12

Sunrise Trek to Chhukung Ri (5,550m / 18,208ft)

5,550m.

An early ascent to Chhukung Ri for sunrise views over Ama Dablam, Lhotse, Makalu , and the vast Himalayan panorama. Return to Chhukung, and later, if skies are clear, enjoy a night photography session capturing the Milky Way over the mountains.

MEALS

BLD (Breakfast, Lunch, Dinner)

ACCOMMODATION

Included (Mountain Tea-house)

DAY 13

Trek to Thukla via Dingboche (4,620m / 15,157ft)

4,620m.

Descend to Thukla , stopping at the famous memorial site at Thukla Pass , dedicated to mountaineers lost in Everest expeditions. Capture emotional, windswept memorials against towering peaks.

MEALS

BLD (Breakfast, Lunch, Dinner)

ACCOMMODATION

Included (Mountain Tea-house)

DAY 14

Trek to Lobuche (4,910m / 16,108ft)

4,910m.

A gradual ascent to Lobuche , passing glacial moraines and icy rivers. Afternoon light is ideal for photographing Nupe, Lingtren , and Pumori .

MEALS

BLD (Breakfast, Lunch, Dinner)

ACCOMMODATION

Included (Mountain Tea-house)

DAY 15

Trek to Gorakshep (5,140m / 16,863ft) and Everest Base Camp (5,364m / 17,598ft)

5,140m.

Trek to Gorakshep and continue to Everest Base Camp . Capture Khumbu Glacier, icefalls , and towering peaks all around. Optional evening hike to Kala Patthar for sunset if energy permits.

MEALS

BLD (Breakfast, Lunch, Dinner)

ACCOMMODATION

Included (Mountain Tea-house)

DAY 16

Sunrise at Kala Patthar (5,550m / 18,208ft) & Trek to Dzongla (4,830m / 15,846ft)

5,550m.

Pre-dawn hike to Kala Patthar for the classic sunrise panorama of Everest, Nuptse, Pumori , and beyond. Trek to Dzongla , photographing glacial valleys and dramatic landscapes along the way.

MEALS

BLD (Breakfast, Lunch, Dinner)

ACCOMMODATION

Included (Mountain Tea-house)

DAY 17

Cross Cho La Pass (5,420m / 17,782ft) & Trek to Thagnak (4,700m / 15,420ft)

5,420m.

An early start to capture glacier sunrise shots and panoramic views from Cho La Pass . Descend to Thagnak for a peaceful evening beside the glacier.

MEALS

BLD (Breakfast, Lunch, Dinner)

ACCOMMODATION

Included (Mountain Tea-house)

DAY 18

Trek to Gokyo (4,790m / 15,715ft)

4,790m.

A gentle trek beside the Ngozumpa Glacier . Sunset photography over the turquoise Gokyo Lakes is a trip highlight.

MEALS

BLD (Breakfast, Lunch, Dinner)

ACCOMMODATION

Included (Mountain Tea-house)

DAY 19

Sunrise at Gokyo Ri (5,360m / 17,585ft)

5,360m.

Pre-dawn climb to Gokyo Ri for sunrise views of Everest, Cho Oyu , and the Gokyo Lakes. Spend the day photographing Gokyo valley and enjoy another chance for night sky photography.

MEALS

BLD (Breakfast, Lunch, Dinner)

ACCOMMODATION

Included (Mountain Tea-house)

DAY 20

Hike to Fifth Lake (5,000m / 16,404ft)

5,000m.

A scenic morning hike to the Fifth Lake , offering incredible reflections of Everest and Cho Oyu . Ideal for wide landscape and reflection shots.

MEALS

BLD (Breakfast, Lunch, Dinner)

ACCOMMODATION

Included (Mountain Tea-house)

DAY 21

Cross Renjo La Pass (5,360m / 17,585ft) & Trek to Lungden (4,380m / 14,370ft)

5,360m.

Another early start to cross Renjo La Pass for panoramic sunrise views over the Everest range, Gokyo Lakes , and distant valleys. Descend to Lungden , capturing pristine Himalayan wilderness.

MEALS

BLD (Breakfast, Lunch, Dinner)

ACCOMMODATION

Included (Mountain Tea-house)

DAY 22

Trek to Namche Bazaar (3,440m / 11,286ft)

3,440m.

Descend through ancient Sherpa villages and river valleys. Evening photography in Namche Bazaar as the town glows under sunset light.

MEALS

BLD (Breakfast, Lunch, Dinner)

ACCOMMODATION

Lodge in Namche

DAY 23

Trek to Phakding (2,610m / 8,563ft)

2,610m.

A leisurely descent through forests and bridges. Plenty of photo opportunities capturing porters, yaks, and riverside scenery.

MEALS

BLD (Breakfast, Lunch, Dinner)

ACCOMMODATION

Included (Mountain Tea-house)

DAY 24

Trek to Lukla (2,860m / 9,383ft)

2,800m.

Final trek back to Lukla , ending with a team celebration, photography session, and thank-you dinner for guides and porters.

MEALS

BLD (Breakfast, Lunch, Dinner)

ACCOMMODATION

Included (Mountain Tea-house)

DAY 25

Fly to Kathmandu (1,400m / 4,593ft)

1,400m.

Early morning mountain flight back to Kathmandu. Afternoon free for souvenir shopping and photo editing. Enjoy a farewell dinner to celebrate your successful Himalayan photography journey.

MEALS

Breakfast

ACCOMMODATION

Hotel in Kathmandu

DAY 26

Final Departure

1400m.

We'll transfer you to the airport for your flight home, marking the completion of your unforgettable Everest Photography Trek . Farewell until your next adventure in the Himalayas!

MEALS

Breakfast

ACCOMMODATION

Excluded

Included and not included

Included

- ✓ KTM/LUKLA/KTM flight
- ✓ 3 Night Kathmandu Hotel
- ✓ All Mountain Tea house/lodge accommodation during the trek.
- ✓ Meal: BLD (Breakfast, Lunch, Dinner) with a cup of tea in the Mountain.
- ✓ Guide and Helpers (porters) assistance, according to the group size.
- ✓ All land transportation (based upon itinerary).
- ✓ TIMS (Trekking Information Management System) card.
- ✓ Sagarmatha National Park Entry Fees.
- ✓ All government Taxes.
- ✓ Local Government Permit.

Not included

- Pick up and drop off service on your arrival and departure flights.
- Any bar bills (alcoholic drinks, mineral water, and cold drinks), cigarettes, client's insurance, or any kind of unforeseen expenses.
- Meal in Kathmandu
- Tips for Guide and Porter (Avg. 12-20 US \$ per member per day).
- International airfare
- Travel Insurance
- Extra night in Kathmandu: Extra nights' accommodation in Kathmandu. In case of early arrival or late departure, early return from Trekking (due to any reason) than the scheduled itinerary.
- Rescue Evacuation: Medical Insurance and emergency rescue evacuation costs if required. (Rescue, Repatriation, Medication, Medical Tests, and Hospitalization costs.).
- Personal Expenses: Telephone, Internet, battery recharge, shower, Laundry, any Alcoholic beverages, Boiled, water, beer, coke, and Clothing, Packing Items or Bags, Personal Medical Kit, Insurance, Personal Trekking Gears, and equipment.
- USD 25 for extra porter per day (If extra porter demanded).
- At times Trekkers have been delayed in Lukla awaiting return to KTM. During these times when airplanes cannot fly, Helicopter flights can be arranged (subject to their availability). The cost is approximately \$500-600 paid by the trekker.
- Any other item not listed in the "Price Includes" section.

Frequently asked questions

What is the Everest Photography Trek?

The Everest Photography Trek is a specially designed adventure for landscape, cultural, and night sky photographers. It takes you through the most scenic parts of the Everest region, including Everest Base Camp, Gokyo Lakes, high Himalayan passes, and authentic Sherpa villages — offering countless opportunities to capture breathtaking images of snow-capped peaks, monasteries, rivers, starry nights, and local culture.

What is the best time for the Everest Photography Trek?

The ideal seasons are:

Spring (March to May): Crystal-clear skies, blooming rhododendrons, and moderate temperatures.

Autumn (Late September to November): Stable weather, sharp mountain views, and clear nights perfect for astrophotography.

Avoid the monsoon (June to August) and deep winter (December to February) due to heavy snow and cloud cover.

What are the major photography highlights of this trek?

Sunrise and sunset at Kala Patthar , Gokyo Ri , and Chhukung Ri

Night sky photography including the Milky Way over Everest

Up-close shots of Ama Dablam, Lhotse, Nuptse, Makalu, and Cho Oyu

Turquoise Gokyo Lakes and Ngozumpa Glacier

Sherpa village life, monasteries, and suspension bridges

Everest Base Camp and Khumbu Icefall

Rhododendron forests and yaks grazing in alpine pastures

How difficult is the Everest Photography Trek?

This is a challenging high-altitude trek that crosses two high passes (Cho La 5,420m & Renjo La 5,360m) and reaches altitudes above 5,500m (Kala Patthar & Chhukung Ri) . It requires good physical fitness, strong mental endurance, and prior trekking experience is recommended . Our expert guides and photography-friendly pace make it manageable and enjoyable.

Do I need to be a professional photographer to join?

Not at all! This trek is open to all photography enthusiasts — whether you're a professional, hobbyist, or beginner. Our local guides understand the best light, compositions, and photography-friendly timings for each location.

What photography equipment should I bring?

We recommend:

A DSLR or Mirrorless camera with wide-angle and telephoto lenses

Sturdy tripod for sunrise, sunset, and night shots

Extra batteries and memory cards

Portable power bank or solar charger (limited electricity in remote areas)

Protective camera bag and waterproof covers

What's included in the trek package?

Typically:

All domestic flights (Kathmandu-Lukla-Kathmandu)

Licensed local trekking and photography guides

Full lodging and meals during the trek

Necessary permits and entry fees

Ground transportation in Kathmandu

Photographer-friendly itinerary with extra time at major viewpoints

Is altitude sickness a concern on this trek?

Yes — due to the high altitudes (up to 5,550m), there's a risk of Acute Mountain Sickness (AMS). We follow a gradual acclimatization schedule , with planned rest days and expert support. Diamox or other preventive medication is recommended — consult your doctor before travel.

How long is the Everest Photography Trek?

The full photography trek takes 26 days , including:

Kathmandu sightseeing and cultural photography

A gradual trek through the Everest region

Time for acclimatization and photography sessions

High pass crossings and night photography opportunities

Is there internet and mobile connectivity during the trek?

Internet is available at major villages like Namche Bazaar, Dingboche, and Gokyo , though it may be slow and expensive at higher altitudes. Mobile coverage (Ncell & NTC) is patchy but available in some parts.

GALLERY

A glimpse of the journey





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Kapan, Kathmandu

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PLAN YOUR ADVENTURE

Bookings & Custom Dates

Contact our local team in Kathmandu to reserve your spot or tailor this itinerary.

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<https://communitytrek.com/nepal/everest-photography-trek>

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