



Community Trek
Explore, Connect & Experience

TRIP ITINERARY

LUXURY EVEREST BASE CAMP TREK

communitytrek.com/nepal/luxury-everest-base-camp-trek
+977-9869666346 · WhatsApp: +977-9869666346 · communitytreks@gmail.com



NEPAL · EVEREST, KHUMBU

Luxury Everest Base Camp Trek

Experience Everest Base Camp in comfort and style on this unforgettable luxury Himalayan adventure.

TRIP PRICE

Price on request

COST / PRICE

Price on request

REGION

Everest, Khumbu

DURATION

13 days

MAXIMUM ALTITUDE

5,356 m

BEST SEASON

Spring & Autumn

DIFFICULTY

Challenging

ACCOMMODATION

Teahouse / Lodge

TRIP TYPE

trekking

HIGHLIGHTS

What makes this trip special

- 01

See Everest up close: Trek to Everest Base Camp and Kalapathar, taking breaks and adjusting to the altitude at your own pace.
- 02

Luxurious Stays: Relax in style! Stay at a 5-star hotel in Kathmandu and cozy lodges throughout the trek, from luxury to comfy.
- 03

Delicious Fuel: No need to pack snacks! Enjoy all meals, hot drinks, and unlimited hot water during the trek.
- 04

Experienced Support: Hike with the best - our guides have a high staff-to-client ratio, extra oxygen supplies, and a complete medical kit for ultimate peace of mind.
- 05

Helicopter Back: Skip the long walk back! Fly from Gorekshep straight to Kathmandu in a scenic helicopter ride.

OVERVIEW

Journey overview

Experience Everest Base Camp in Style: Your Luxurious Himalayan Adventure Awaits!

Ever dreamt of standing at the foot of the world's tallest peak, pampered in comfort? Our Luxury Everest Base Camp Trek makes it a reality! This 13-day journey blends the thrill of trekking with top-notch accommodations and breathtaking helicopter flights.

Start your adventure in style: Stay at the Kathmandu Marriott Hotel, a luxurious oasis amidst vibrant Kathmandu. Then, embark on your scenic trek, staying in cosy, premium lodges with private bathrooms and stunning mountain views.

Conquer Everest Base Camp, your way: We prioritize your comfort and safety with a well-paced itinerary, experienced guides, and a higher staff ratio. Two rest days ensure proper acclimatization and a supplementary oxygen system and medical kit provide peace of mind.

End your journey with a grand finale: After reaching Everest Base Camp, soar back to Kathmandu in a helicopter. Witness the majestic Himalayas from above, a breathtaking reward for your accomplishment.

What makes our Everest Base Camp Luxury Trek different?

Dreaming of Everest Base Camp, but with a touch of five-star pampering? Our Luxury Everest Base Camp Trek with Helicopter Return isn't just different, it's a complete redefinition of the Himalayan experience. Here's why it stands out:

Helicopter Panorama: Soar above the trail you conquered on a breathtaking helicopter tour, capturing panoramic views of the Himalayas like never before. This thrilling finale offers a unique perspective of the majestic peaks you've trekked past.

Luxe Lodges & Kathmandu Marriott Bliss: Trade basic teahouses for sumptuous comfort in luxury lodges along the way, each boasting private bathrooms, stunning mountain views, and attentive service. And your journey begins and ends in style at the Kathmandu Marriott Hotel, a haven of five-star comfort in the bustling capital.

All-Inclusive Pampering: From delicious meals prepared with fresh, local ingredients to all ground transfers, permits, and even airfare, this trek has it all covered. Plus, hot water awaits after every challenging day on the trail.

Safety & Support First: Your well-being is our priority. Experienced guides with a higher staff ratio (1 assistant guide for every 3 participants!) lead the way, ensuring safety and support throughout. Rest and acclimatization days are strategically planned, and each group has access to supplementary oxygen and a comprehensive medical kit.

Accessible Adventure: Forget trekking experience prerequisites! This carefully-paced itinerary is suitable for first-timers seeking a mix of thrill and indulgence. The helicopter return adds a touch of convenience, making this an ideal option for those who value both challenge and comfort.

Is this trek suitable for you?

This isn't your average trek, but if you're dreaming of reaching Everest Base Camp and soaking in the awe-inspiring Himalayan beauty, the Luxury Everest Base Camp Trek might be your perfect match!

Altitude: We'll climb high, reaching a breathtaking 5,500 meters (18,195 feet) at Kalapathar, with an overnight stay at 5,140 meters (16,865 feet) in Gorekshep. Don't let the numbers scare you! We follow a careful acclimatization plan to help your body adjust safely and gradually.

Fitness: Think scenic hikes with increasing elevation. You'll be walking roughly 6 hours each day for 10 days, starting at 2,800 meters (9,185 feet) in Lukla. Being comfortable with moderate hiking and staying active beforehand will go a long

way.

Gear: Pack light! You'll carry a small backpack (5 kg) with essentials like water, camera, snacks, and valuables. Leave the heavy lifting to us – your main luggage will be carried by a porter, freeing you to fully enjoy the stunning landscapes.

Support: You're not alone in this adventure! An experienced leader and assistant guide will be by your side every step of the way, ensuring your safety and providing expert guidance.

Best Time to Go

The best time to trek to Luxury Everest Base Camp Trek is during the spring (March-May) or autumn (September-November) seasons. These periods offer stable weather, clear skies, and minimal rainfall, providing optimal conditions for trekking. However, remember that these are peak seasons, so expect more crowds and higher prices.

DAY-BY-DAY ROUTE

Itinerary

A clear breakdown of each day of the trip.

DAY 1

Arrive in Kathmandu and Breathe in Adventure!

1,440m.

Your Everest Base Camp journey begins in Kathmandu, nestled among towering peaks. If you catch a clear day on your flight, prepare to be awestruck! Snow-capped giants stretch as far as you can see, promising a chain of unforgettable memories.

As soon as you land, our friendly team will greet you at the airport and whisk you away to your comfortable hotel. No need to navigate visas or luggage – we'll handle it all.

After a refreshing welcome drink and settling in, your expert trek leader will meet you in the hotel lobby to give you a detailed briefing about your upcoming adventure. That evening, we'll gather for a delicious group dinner at a typical Nepalese restaurant, savoring the local flavors and getting to know your fellow adventurers.

And finally, it's time to rest for the night in your hotel, surrounded by the unique charm of Kathmandu – the city of temples and, possibly, the most cows in the world!

MEALS

Excluded

ACCOMMODATION

Included

DAY 2

Chill in Kathmandu & Get Ready for Adventure!

1,440m.

Morning: Rest your jetlag legs and soak up the Kathmandu vibes! We'll visit two must-see spots: the giant Bouddhanath Stupa and the sacred Pashupatinath Temple.

Afternoon: Get prepped for the trek! Meet your leader for a briefing at the hotel, where they'll cover everything you need to know (think routes, weather, and what to pack).

Rest & Recharge: After the briefing, it's free time! Explore, shop for souvenirs, or just relax and get excited for your big adventure.

Farewell Feast: Enjoy a delicious early dinner tonight, as we need to catch a flight to Lukla super early tomorrow!

MEALS

Breakfast Included

ACCOMMODATION

Included

DAY 3

Flying to Lukla and Starting our Trek!

2,610m.

Get ready for a taste of Himalayan magic! Early in the morning, we'll hop on a short flight (about 35 minutes) from Kathmandu to Lukla, a tiny airstrip built by legends like Sir Edmund Hillary. Be prepared for jaw-dropping views of towering peaks - this is just a glimpse of what awaits! Once we touch down in Lukla, we'll meet our crew and begin our trek up the Dudh Koshi Valley. The trail is well-marked, and even though today's hike isn't long, we'll gain some serious altitude (almost 4,100 feet!). But don't worry, we'll take it slow and steady, and by nightfall, we'll be cozy in our accommodation in Phakding.

Heads up! During peak season, flights to Lukla might operate from Ramechhap Airport, a bit further away. This means an early wake-up call (around 2 am) and a 4-hour drive to catch a shorter flight (only 12 minutes!) to Lukla. We'll keep you updated if your trip is affected by this change.

MEALS

Included

ACCOMMODATION

Included

DAY 4

Hiking Through Pine Forests and Crossing Bridges to Namche Bazar

3440m.

Today, we continue our journey alongside the Dudhkoshi River, following a path through a cool pine forest. We'll cross several suspension bridges along the way, feeling the wind in our hair as we admire the views. We'll pass through tiny villages like Zapute, Toktok, Benkar, and Chumoa before reaching Monjo.

Here, we enter the Sagarmatha National Park, dedicated to protecting this beautiful mountain environment. After leaving the park, we'll cross another bridge and head towards the impressive Hillary Bridge, nestled at the foot of a hill. Once across, we'll climb uphill to our destination for the day: Namche Bazar.

From here, we might get a glimpse of Thamserku Mountain, and on a clear day, maybe even catch our first peek at the mighty Everest, Lhotse, Nuptse, and Kusum Khangru! Tonight, we'll sleep around 850 meters (2,788 feet) higher than our previous campsite – not bad for a day's work!

MEALS

Included

ACCOMMODATION

Included

DAY 5

Rest and Explore in Namche Bazar

3,440m.

Today, we take a break at Namche Bazar, a bustling village nestled in a protected valley. This "rest day" is actually about helping your body adjust to the higher altitude, giving you a boost for the rest of the trek.

While your body gets used to the thin air, you have choices for some fun ways to spend the day! Here are a few ideas:

Hike to Everest View Hotel: Climb up for breathtaking views of, you guessed it, Everest!

Visit Khumjung and Khunde: Explore charming Sherpa villages with traditional stone houses and stunning scenery.

Walk to Thame: Stroll along the Bhote Khola River and breathe in the fresh mountain air.

Discover the National Park: Learn about Sherpa culture and see exhibits on the park's plants and animals.

No matter what you choose, your guides will be there to help and recommend the best option for you. So relax, explore, and soak in the magic of Namche Bazar!

MEALS

Included

ACCOMMODATION

Included

DAY 6

Trek to Deboche [3720 m/12,205ft]

3,720m.

Today, we walk alongside the glistening Dudh Koshi River, its glacial waters shimmering in the sun. As we follow the trail, we're treated to a stunning panorama of mountains: Everest, Nuptse, Lhotse, Thamserku, and even the beautiful Ama Dablam.

The air smells sweet with the scent of blooming rhododendrons, painting the path with vibrant colors. Keep your eyes peeled for glimpses of playful musk deer and colorful pheasants hiding in the trees.

At Sanasa, the trail splits. One path leads to the Gokyo Valley, while the other takes us towards our goal: Everest Base Camp. But today, we'll tackle a slightly steeper climb to Tengboche Monastery, the largest in the Khumbu region.

The effort is rewarded with even more incredible mountain views, seemingly reaching out to touch us. After spending a moment reflecting in the peaceful monastery, we'll continue through a magical forest of birch and rhododendron to our overnight stop in Deboche.

Tonight, we'll rest our legs after climbing about 270 meters (886 feet) higher than yesterday, all while soaking in the memories of an amazing day in the Himalayas.

MEALS

Included

ACCOMMODATION

Included

DAY 7

Upwards We Climb to Dingboche [4,410m/14,475ft]

4,410m.

Today's hike takes us past fascinating chortens (stone monuments) and colorful mani walls, whispering prayers with each passing step. We'll wind our way through small villages, soaking in the local life.

As we climb, our appetites will likely grow! Thankfully, a lunch break awaits with a delicious spread. And while we refuel, get ready to be blown away – you'll have jaw-dropping views of the mighty Ama Dablam looming right above you.

After lunch, we'll trek through Pangboche, the highest permanent settlement in this valley. Finally, we tackle the day's steepest climb to Dingboche, our cozy overnight stop.

Here in Dingboche, agriculture reigns supreme. You'll see neat fields, bordered by stone walls, where locals grow buckwheat, potatoes, and barley. This hard work fuels the community and adds a touch of charm to the landscape.

Tonight, we'll sleep about 692 meters (2,279 feet) higher than yesterday, feeling proud of our progress and energized for the next leg of our adventure.

MEALS

Included

ACCOMMODATION

Included

DAY 8

Rest and acclimatization with a hike to Nagartsang Peak [5,083m/16,625ft]

5,083m.

Today is your acclimatization day in Dingboche. You have the opportunity to climb Nangkartshang Peak (16,730 ft/5,100 m) and enjoy breathtaking views of Makalu, Lhotse, Chalotse, Tawoche, and Ama Dablam. If you are acclimatizing well to the altitude, you can attempt the tough and steep climb to the top, which takes around 3 hours and 30 minutes. Alternatively, you can climb halfway up if you are feeling less energetic. Despite the challenging climb, the incredible views make it all worthwhile. After your descent, you will return to Dingboche for a late lunch and have the rest of the afternoon to relax and acclimatize.

MEALS

Included

ACCOMMODATION

Included

DAY 9

Trek to Labuche (4,930m / 16,175ft).

4,930m

The trail climbs steeply out of Dingboche, past a chorten, and ascends the valley gradually to Thukla at the end of the terminal moraine of the Khumbu Glacier. We stop here for a tea break and snack before the steep climb to Thukla Pass, a beautiful and poignant place with a line of memorials to climbers who have died on Everest. From Thukla Pass, we can enjoy a beautiful panorama of the peaks on the Nepal-Tibet border. The trail then eases off as we follow the valley to Lobuje, a tiny hamlet with a few teahouses. In the late afternoon, there is the option to walk up onto the lateral moraine of the Khumbu Glacier. The sunset on Nuptse is not to be missed.

MEALS

Included

ACCOMMODATION

Included

DAY 10

Trek to Gorakshep and Evening Sun Set View Kalapatthar (5,560m) walk.

5,560m.

Get ready for the highlight of your Everest Comfort trek today! We'll be setting foot on the Khumbu Glacier and reaching Gorakshep, the last village before Everest Base Camp!

Leaving Labuche, the trail starts flat, with one uphill section that takes about 40 minutes. Then, prepare to be amazed by the incredible Khumbu Glacier. See how climate change is shaping the Himalayas, and understand the delicate balance of nature here.

The hike to Gorakshep takes about 4 hours. Once you arrive, enjoy lunch, settle into your room, and rest for an hour. Then, conquer the challenging but rewarding climb to Kalapatthar for a sunset you'll never forget!

Picture this: the golden hues of sunset paint the mountains in a magical light, leaving you speechless. It's truly an unforgettable experience! After soaking in the view, head back down to Gorakshep before darkness, remembering to use your headlight.

MEALS

Included

ACCOMMODATION

Included

DAY 11

Everest Base Camp: Touching the Roof of the World anf Fly back to Kathmandu

5,360m.

Today's the culmination of your journey! Fuel up with breakfast, then prepare to witness the crown jewel of the Himalayas: Everest Base Camp. Here, you'll stand at the feet of the mightiest mountain on Earth. Soak in the surreal atmosphere, surrounded by ice giants and glaciers glistening under the sun. This is a moment you'll treasure forever.

Feel the awe-inspiring power of nature as you touch the edge of the Khumbu Icefall, a treacherous labyrinth of ice and crevasses. Imagine Edmund Hillary and Tenzing Norgay, the first humans to conquer Everest, setting off from this very spot in 1953. Close your eyes and let their courage and determination inspire you.

But the magic doesn't end there. Capture breathtaking photos amidst the towering peaks, savor the victory of reaching Base Camp, and internalize the raw beauty of this incredible place.

Remember, even at Base Camp, safety is paramount. Follow your guide's instructions, listen to your body, and stay hydrated.

After this, we make our way back to Gorekshep and board a helicopter flight back to Kathmandu

MEALS

Included

ACCOMMODATION

Included

DAY 12

In Kathmandu

1,440m.

Free and easy day to spend, perhaps doing shopping or rest at hotel's beautiful court-yard. Please do not hesitate to let us know if you would like to extend your stay. Kindly email us for more details on extensions.

MEALS

Excluded

ACCOMMODATION

Included

DAY 13

International Departure

1,440m.

Your trip leader will escort you to the airport as per your flight time today.

Thank you for joining us on this trek and it has been a pleasure getting to know you during this time. We hope this venture has enriched your experience with happy memories. Keep in touch and hope to hear from you soon. Bon voyage for a safe and pleasant trip home.

MEALS

Breakfast Included

ACCOMMODATION

Excluded

Included and not included

Included

- ✓ Twin-sharing accommodation at Kathmandu Marriott Hotel (5 Star) for 4 nights with breakfast
- ✓ Twin-sharing accommodation at Luxury Lodge (Mountain Lodges of Nepal) for 3 nights at Phakding and Namche Bazar
- ✓ Twin-sharing accommodation at Semi-Luxury Lodge for 1 night at Debuche
- ✓ Twin-sharing accommodation at teahouse/lodge with private bathroom for 2 nights at Dingboche
- ✓ Twin-sharing accommodation at teahouse/lodge with a common shared bathroom for 2 nights at Lobuche and Gorekshep
- ✓ All meals (B,L,D) included during the trek with tea & coffee.
- ✓ Hot boiled water for drinking purposes
- ✓ All required permits for the trek
- ✓ Domestic plane flight to Lukla with airport taxes
- ✓ Gorekshep to Kathmandu helicopter flight
- ✓ Experienced local trek leader
- ✓ Full support crew (1 assistant guide for 3 trekkers & 1 porter for every 2 trekkers)
- ✓ Half-day sightseeing of Kathmandu's highlights including transportation, guide and entrance fees
- ✓ International/Domestic airport transfers as per your flight time
- ✓ All ground transportation as mentioned in the itinerary on private vehicle
- ✓ Comprehensive first aid kit with high-altitude medicines
- ✓ Supplementary oxygen tank with mask and regulator for emergency purposes on the trek
- ✓ Duffel bag, Sleeping bag and Down Jacket (Sleeping bag and down jacket must be returned after completion of the trek)
- ✓ Staff equipment, insurance and allowances
- ✓ Trek completion certificate (Upon request)
- ✓ Group welcome or farewell dinner at Kathmandu

Not included

- International airfare,
- Nepal Visa fee
- Personal travel insurance
- Meals at Kathmandu
- Extra night accommodation in Kathmandu or on the trek for any reason (Early arrival or delay, Early arrival from trek due to any reason)
- Personal expenses
- Gratuities for staff

Frequently asked questions

What type of accommodation is provided?

You stay at a luxury hotel in Kathmandu and carefully selected premium lodges during the trek. Private bathrooms and hot showers are available where lodge facilities permit, while accommodation at higher elevations may be more basic.

What transportation is included?

The package includes airport and ground transfers, flights to the Everest region, and a helicopter return to Kathmandu after completing the Everest Base Camp trek. Mountain flights depend on weather conditions.

What food and drinking water are available?

Meals include nutritious local and international options, with vegetarian choices available. Safe drinking water can be purchased or treated along the trail. Staying well hydrated is essential at high altitude.

Who will accompany me?

You will be supported by experienced, licensed local guides and a dedicated mountain crew. The higher staff-to-guest ratio provides additional assistance throughout the journey.

How much cash should I carry?

Carry sufficient Nepalese rupees for personal expenses, snacks, drinks, Wi-Fi, charging, hot showers, souvenirs, and tips. ATMs are available in some larger villages but should not be relied upon throughout the trek.

How do you manage altitude and safety?

The itinerary includes planned acclimatization and a gradual ascent. Our guides monitor your health and the group carries a medical kit and supplementary oxygen for emergency support. Travel insurance with high-altitude evacuation coverage is strongly recommended.

What should I pack?

Essential equipment includes good trekking boots, warm layers, waterproof clothing, gloves, sunglasses, sunscreen, a daypack, water bottles, trekking poles, a suitable sleeping bag, personal medication, and basic toiletries. A complete packing list is provided before departure.

What passport and visa documents do I need?

International travelers generally need a valid passport and Nepal tourist visa. Requirements vary by nationality, so check the latest information with the Nepalese embassy or immigration authorities before traveling. Keep copies of important travel documents and insurance.

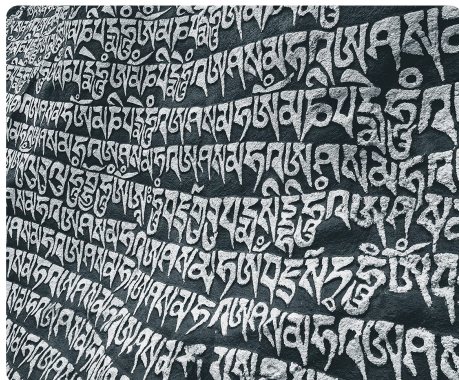
What happens if flights are cancelled because of weather?

Weather in the Everest region can change rapidly. If a flight or helicopter journey is delayed or cancelled, we arrange the safest available alternative and adjust the itinerary when necessary. Safety always comes first.

Is this trek suitable for first-time trekkers?

Yes. Previous high-altitude trekking experience is helpful but not essential. You need reasonable fitness and the ability to walk for several days at altitude. With a carefully paced itinerary, acclimatization days, and experienced guides, it is an excellent way to experience Everest in comfort.

A glimpse of the journey





TRAVELLER NOTES

What travellers say

★★★★★

"Hiking the Himalayas with Community Trek in 2022 was more than just a vacation; it was a life-changing adventure for my family and me. From the awe-inspiring views of Everest to the warm hospitality of the Sherpa people, every moment was truly unforgettable. Community Trek flawlessly organized everything, ensuring our comfort and safety every step of the way. Our guide, Ramesh, was not only knowledgeable and professional but also became a trusted friend, sharing local stories and traditions that enriched our experience. The porters were also incredible, always there to lend a helping hand with a smile. We're already planning our next adventure with Community Trek, and I wholeheartedly recommend them to anyone seeking an exceptional and unforgettable journey in the breathtaking Himalayas of Nepal!"

Christopher Nolan

USA

Bookings & Custom Dates

Contact our local team in Kathmandu to reserve your spot or tailor this itinerary.

Kapan, Kathmandu

WhatsApp & Call: +977-9869666346

+977-9869666346

✉ communitytreks@gmail.com